



## Stop Living in Fear Start Living in Fun: Plant Your Happy Seeds Blossom Into a Joyful Life (Paperback)

By Christine Chan

iUniverse, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Endorsements: I read Christine's book and was filled with an inner joy of happiness for her at what she has accomplished in her life through positive energy in the wake of difficulties. It is a book that proves that anyone with the right approach to life can lead a fun productive life by focusing on the inner playfulness that we all carry inside us . Sometimes it can be dulled through the rigors of everyday life but Christine writes about how to keep the joy of fun in everyday pursuits no matter the obstacles. A great uplifting read and I truly believe it can be of help to one and all.- K. Hovchan. Christine's coaching technique is mindful, empowering, fun and most of all effective! She uses unique methods to breakthrough personal barriers whether you're aware of them or not. Isn't it time to shake up your life and start taking responsibility for bringing more fun and happiness into your life? I challenge you to try her program (OR say YES to her program)! What have you got to...



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